





TOP FITNESS

With its 20 options, the Top Fitness® series covers a wide range of exercises:

Strength and Endurance

Exercises aimed at increasing muscle mass and strength using body weight.

Flexibility and Mobility

Exercises that improve joint range of motion, reduce muscle stiffness, and help prevent injuries.

Cardiovascular

Cardio exercises that enhance heart health and stamina.

Bodyweight Training

Calisthenic exercises that use your own body weight to build strength and endurance.

OUR SELECTION









LEG FIT - PULL UP Art.012820



SURFBOARD Art.012810







Top Fitness[®] is today the best choice for parks, urban areas, or recreational spaces seeking to rejuvenate through outdoor physical activity.

The **Top Fitness**[®] line as a whole

represents a complete circuit for training

or muscle activation, ensuring users the

safety of equipment that is well-designed

with careful attention to biomechanics

and ergonomics. It is expertly crafted and requires minimal maintenance thanks to

modern and automated assembly

systems.



TOP FITNESS



TOP FITNESS® BY LEGNOLANDIA:

Built to last, designed to respect:

Top Fitness® is the sustainable form of movement.

